

CERTIFICATE OF PARTICIPATION

This is to certify that

Lourens Sanders

Has successfully participated & completed the
15km Cowhouse Autumn Trail Run 2018
held at Cowhouse Market.

TIME 01:34:59

PACE 06:18/km
OVERALL 18 of 29

GENDER 12 of 14
OPEN 6 of 8

28 April 2018, Sat

Date



BoutTime

Signature

